

Webinar Courses presented by Janet A Hulme PT

Live, Online 4.5 hours 3:00- 4:30 pm MST on dates listed

You need access to high speed internet computer services with audio to access these courses. Handouts will be sent via email. A professional supply kit for each course will be sent by mail.

Learning methods include: lecture, demonstration via live webcam and dvd clips, case study application of assessment and treatment techniques, daily pretest. Participants practice techniques during the class period using supplies provided.

You must be present online during the entire course. No partial credit is available.

At completion of post test with pass rate of 75% and evaluation a certificate of completion is provided.

Cancellation by registrant is available within 10 days of course with \$50.00 cancellation fee. No refund provided within 10 days of course.

Courses are introductory level for health care professionals.

The Mature Woman: Aging Effects on Pelvic Dysfunction, Pelvic Descent, Back Pain and Balance

Course Objectives:

At the conclusion of the course the participant will be able to:

1. Describe perimenopause and post-menopause characteristics.
2. Outline common symptoms and self care principles of perimenopause and post-menopause.
3. Describe anatomical and physiological reasons for pelvic muscle descent, back pain and balance problems in women after 50 years of age.
4. Develop assessment and treatment strategies for pelvic descent, back pain and balance problems.