

## **Webinar Courses presented by Janet A Hulme PT**

Live, Online 4.5 hours 3:00- 4:30 pm MST on dates listed

You need access to high speed internet computer services with audio to access these courses. Handouts will be sent via email. A professional supply kit for each course will be sent by mail.

Learning methods include: lecture, demonstration via live webcam and dvd clips, case study application of assessment and treatment techniques, daily pretest. Participants practice techniques during the class period using supplies provided.

You must be present online during the entire course. No partial credit is available.

At completion of post test with pass rate of 75% and evaluation a certificate of completion is provided.

Cancellation by registrant is available within 10 days of course with \$50.00 cancellation fee. No refund provided within 10 days of course.

Courses are introductory level for health care professionals.

### **Pelvic Rotator Cuff: SI, Low Back, Standing Balance, Bladder & Bowel**

Course Objectives:

At the conclusion of the course the participant will be able to:

1. Describe the anatomy, physiology, neurology and function of the pelvic rotator cuff muscle system in relation to
2. Describe the functional relationship of the pelvic rotator cuff, breathing diaphragm, abdominal and back musculature in low back and sacroiliac dysfunction, hip and knee dysfunction, bladder and bowel control.
3. Describe the neurological control of functional synergies within the trunk and pelvic rotator cuff musculature.
4. Develop assessment sequences for pelvic rotator cuff in relation to low back pain, sacroiliac dysfunction, hip, knee and ankle dysfunction and bladder and bowel control.
5. Develop treatment strategies for pelvic rotator cuff dysfunction in relation to trunk musculature.