

Webinar Courses presented by Janet A Hulme PT

Live, Online 4.5 hours 3:00- 4:30 pm MST on dates listed

You need access to high speed internet computer services with audio to access these courses. Handouts will be sent via email. A professional supply kit for each course will be sent by mail.

Learning methods include: lecture, demonstration via live webcam and dvd clips, case study application of assessment and treatment techniques, daily pretest. Participants practice techniques during the class period using supplies provided.

You must be present online during the entire course. No partial credit is available.

At completion of post test with pass rate of 75% and evaluation a certificate of completion is provided.

Cancellation by registrant is available within 10 days of course with \$50.00 cancellation fee. No refund provided within 10 days of course.

Courses are introductory level for health care professionals.

Pregnancy and Postpartum : Prenatal Postpartum Program

Course Objectives:

At the conclusion of the course the participant will be able to:

1. Describe the trimester characteristics of pregnancy.
2. Describe the indications and contraindications for exercise during pregnancy and postpartum.
3. Outline self care principles of pregnancy and postpartum: List common symptoms during pregnancy and postpartum.
4. Develop treatment strategies for symptoms during pregnancy and postpartum.